

## Normal Equine Vitals

<b>Temperature</b>	99 to 101 degrees
<b>Pulse</b>	30-40 beats per minute
<b>Respiratory Rate</b>	12-24 breaths per minute
<b>Gum Color</b>	<b>Key indicator of health.</b> Moist <b>pink</b> gums are normal. <b>Pale</b> gums indicate compromised circulation, which may mean shock. Deep <b>red</b> gums indicate possible toxicity in their system. <b>Purple</b> to <b>blue</b> gums indicate low oxygen levels or serious internal toxins. <b>Yellow</b> gums may indicate liver problems.
<b>CRT (Capillary Refill Time)</b>	If you press on the gum tissue (mucous membrane should be pink and moist) - it should take less than 2 seconds for the color to return.
<b>GI Motility</b>	By using a stethoscope, or placing your ear to the horse's flank, you should be able to hear 3 to 4 gut sounds per minute.